

TRANSFORMATIONAL LEADERSHIP COACHING

FROM WORK DISTRESS TO CAREER SUCCESS: FEEL BETTER AT WORK!



- Tired of having the same work issues?
- Want to be seen and acknowledged for who you are at work?
- Wish you could set clear, confident boundaries with others?



About Me

I help frustrated professionals and managers overcome workplace and career distress, recover from the effects of toxic work environments and integrate their personal and career selves.

CREDENTIALS/DESIGNATIONS

- PhD.
- Certified Canadian Training and Development Professional
- Certified Canadian Evaluator
- Certified Emotional Success Coach
- Conscious EFT™ Practitioner Certification
- ICF ACC Certified Coach



Coaching Model

Name	Clear	Reset
The negative to release it	The emotion to decouple negative emotion from the story	State and reinforce positive images of where you want to be

Focus areas

- Career Distress
- Career Development
- Workplace Communication
- Conflict Management
- Emotional Regulation
- Stress Management

Client benefits

- FEEL enthusiastic, hopeful
- BE confident, calm and focused
- EXPERIENCE new work/life opportunities
- ACCESS new found capacity and skills



Client love!

Here's what some clients have to say about Marie Gervais' Transformational Leadership Coaching...



RAJIV KAUSHAL
Capital Markets Transformation

Working with Marie has been an invaluable experience, one that has had a positive impact on both my career and personal life.



YASMIN BARRE
Microbiologist

Marie helped me recover from the effects of a toxic work environment. Thanks to her coaching, I was recently offered a position two-levels above my previous role.



ANGELA LITEBELE
IT Specialist

I have a new job! Thank you for all the work you did with me. I know if I didn't work with you I would never have gotten this far.



Book your coaching strategy call today!

<https://calendly.com/marieshiftworkplace/30-minute-coaching-strategy-call>



+1 780 993 1062



marie@shiftworkplace.com

<https://www.linkedin.com/in/leaderstraining/>

<https://www.shiftworkplace.co/CoachingServices>